

THE HOWARD VENUE

Please note that if you would like to attend a class, we advise that you contact the class tutor prior to attending to discuss the class and ensure it is running and there is space. For more information on each class, please see www.thehowardvenue.co.uk

Day	Class	Time	Contact	Telephone	e-mail
Monday Starts 25/2/19 Starts 7/1/19	Stretch and Tone	9.45-10.45am	Sam Goddard	07712 588385	sam@samsballroom.co.uk
	Ballet Fitness	11-12pm	Sam Goddard	07712 588385	sam@samsballroom.co.uk
	Showtime Singing - <i>Fortnightly Class</i>	1.30-2.30pm	Colin Pyne	01322 618618	cnp40@aol.com
	Revolutions - Junior Aerial Gym	4.30-7pm	Cat Ledbetter	07802 722757	cat@revolutions.org.uk
	Simply Performers - Comp Team	4.30-6.30pm	Lizzie Fogarty	07866 271733	simplylizzie@hotmail.co.uk
	Move It, 5-18 Years	6-7pm	Sam Crossier	07896 176214	samanthacrosier@hotmail.co.uk
	Crest Yoga	7-8.30pm	Clair Yates	07974 728839	clairs@hotmail.com
	Beginners Adult Tap Class	6.30-7pm	Laurel Turner	07721 842472	lbrightly@hotmail.com
	Revolutions - Beginners Pole	7.15-8.15pm	Cat Ledbetter	07802 722757	cat@revolutions.org.uk
	Dance On	7.30-9pm	Pam Howard	07949 593573	pam@thehowardvenue.co.uk
	Improvers Adult Tap Class	7.30-8.15pm	Laurel Turner	07721 842472	lbrightly@hotmail.com
	Revolutions - Stretch Class	8.15-9.15pm	Cat Ledbetter	07802 722757	cat@revolutions.org.uk
	Intermediate Adult Tap Class	8.15-9pm	Laurel Turner	07721 842472	lbrightly@hotmail.com
Tuesday	Drawing/Painting	9.30-12pm	Kent Adult Education	0845 6065606	www.kentadulteducation.co.uk
	Pilates	9.15-10.15am	Barbie Rose	07528 563230	rosyfitness@icloud.com
	Tiny Tekkers Football (Term Time)	9.30-10am	Bill Hutchins	07581 798044	info@concept4football.co.uk
	Miss Fitness	9.30-10.30am	Kerry Burt	07540 813874	kerry.burt@hotmail.com
	Sam's Jazz	10.15-11.30	Sam Goddard	07712 588385	sam@samsballroom.co.uk
	Young at Heart	10.15-11.15am	Pam Howard	07949 593573	pam@thehowardvenue.co.uk
	Pilates	10.15-11.15am	Barbie Rose	07528 563230	rosyfitness@icloud.com
	Young at Heart	11.30-12.30pm	Pam Howard	07949 593573	pam@thehowardvenue.co.uk
	GLD Childrens Aerial Skills	4.30-5.30pm	GLD Aerial Fitness	07930 158218	gldaerialfitness@hotmail.co.uk
	Irish Dance	6-9.30pm	Tara Hackett	07859 911457	tara2@btinternet.com
	Dance Act Theatre School	5-9pm	Dance Act	07811 373247	info@danceact.co.uk
	Adult Pointe Work	6-6.30pm	Laurel Turner	07721 842472	lbrightly@hotmail.com
	Adult Ballet	6.30-7.30pm	Laurel Turner	07721 842472	lbrightly@hotmail.com
	Revolutions - Pole	7.30-9.30pm	Cat Ledbetter	07802 722757	cat@revolutions.org.uk
	Choir, Sounds Familiar	7.30-8.30pm	Victoria	07958 504692	victoria@thehowardvenue.co.uk
Dance Enriches Lives	7.30-9pm	Pam Howard	07949 593573	pam@thehowardvenue.co.uk	
Wednesday Start 6/3/19	Adult Basic Ballet	9-9.45am	Teresa Henderson	07774 841022	teresantoos@hotmail.com
	Toddle and Tone (Term Time)	9.30-10.30am	Lizzie/Kerry	07866 271733	simplylizzie@hotmail.co.uk
	Crest Yoga	9.30-11am	Clair Yates	07974 728839	clairs@hotmail.com
	Tapping Alive	10-11am	Pam Howard	07949 593573	pam@thehowardvenue.co.uk
	Tricks and Turns	4.30-5.30pm	Lizzie Fogarty	07866 271733	simplylizzie@hotmail.co.uk
	Simply Craft	4.30-5.15pm	Lizzie Fogarty	07866 271733	simplylizzie@hotmail.co.uk
	Musical Madness	5.30-6.30pm	Lizzie Fogarty	07866 271733	simplylizzie@hotmail.co.uk
	Slimming World	5.30-7.30pm	Caroline Heffer	07776 181413	caroline.heffer@ntlworld.com
	Slimming World	7.30-9.30pm	Caroline Heffer	07776 181413	caroline.heffer@ntlworld.com
	Tricks and Turns	6.30-7.30pm	Lizzie Fogarty	07866 271733	simplylizzie@hotmail.co.uk
	Learn to Meditate	7.30-8.30pm	David	07931 782241	aimhealthandfitness@aol.com
	Tricks and Turns	7.30-8.30pm	Lizzie Fogarty	07866 271733	simplylizzie@hotmail.co.uk
	Revolutions - Junior Aerial Gym	5-7pm	Cat Ledbetter	07802 722757	cat@revolutions.org.uk
	Revolutions - Aerial Hoop	7-8pm	Cat Ledbetter	07802 722757	cat@revolutions.org.uk
	Christ Embassy Church	7-8pm	Christ Embassy		cebexley@gmail.com
	Revolutions - Aerial Skills	8-9pm	Cat Ledbetter	07802 722757	cat@revolutions.org.uk
Revolutions - Beginners Aerial Hoop	9-10pm	Cat Ledbetter	07802 722757	cat@revolutions.org.uk	
Thursday	Tiny Tekkers Football (Term Time)	9.30-10am	Bill Hutchins	07581 798044	info@concept4football.co.uk
	Slimming World	9.30-11.30am	Caroline Heffer	07776 181413	caroline.heffer@ntlworld.com
	AB Blast with Sam	9.45-10.15am	Sam Goddard	07712 588385	sam@samsballroom.co.uk
	Sam's Dance Fitness	10.30-11.30am	Sam Goddard	07712 588385	sam@samsballroom.co.uk
	Line Dancing	10.30-12.30pm	Laura Sway	07958 399290	laurasway@yahoo.com
	Beginners Line Dancing	12.30-1.30pm	Laura Sway	07958 399290	laurasway@yahoo.com
	Sam's Junior Ballroom	4.30-5.30pm	Sam Goddard	07712 588385	sam@samsballroom.co.uk
	Hextable Wind Band	5-7pm	Stephanie Jarvis	07545 565764	sjarvis64@hotmail.co.uk
	Girl Gang	4.30-5.30pm	Lizzie Fogarty	07866 271733	simplylizzie@hotmail.co.uk
	Dance Act Theatre School	5.30-7.30pm	Dance Act	07811 373247	info@danceact.co.uk
	Boyz on the Block	5.30-6.30pm	Lizzie Fogarty	07866 271733	simplylizzie@hotmail.co.uk
	Simply Squad	6.30-7.30pm	Lizzie Fogarty	07866 271733	simplylizzie@hotmail.co.uk
	The Write Place Creative Writing School	7-9pm	Elaine Everest		elaineeverest@aol.com
	Yoga4u	7.30-8.30pm	Bonny Griffin	07949 910941	bonnybgriffin@aol.com
	Adult Dance Class	7.30-8.30pm	Marnie Carr	07941 038727	confusiondanceco@hotmail.com
GLD Aerial Fitness	7.30-10.30pm	GLD Aerial Fitness	07930 158218	gldaerialfitness@hotmail.co.uk	

	Miss Fitness	8.30-9.30pm	Kerry Burt	07540 813874	kerry.burt@hotmail.com
	Zumba	8.45-9.45pm	Mamie Carr	07941 038727	confusiondanceco@hotmail.com
Friday	Crest Yoga	9.30-11am	Clair Yates	07974 728839	clairs@hotmail.com
	Stretch and Tone	9.45-10.45am	Sam Goddard	07712 588385	sam@samsballroom.co.uk
	Dance Act Theatre School	4-9.30pm	Dance Act	07811 373247	info@danceact.co.uk
Saturday	Dance Act Theatre School	9-12pm	Dance Act	07811 373247	info@danceact.co.uk
	Revolutions - Junior Aerial Classes	9-11am	Cat Ledbetter	07802 722757	cat@revolutions.org.uk
	Sam's Junior Ballroom	11.30-12.30pm	Sam Goddard	07712 588385	sam@samsballroom.co.uk
Sunday	Christ Embassy Church	10-1pm	Christ Embassy		cebexley@gmail.com
South East School of Contemporary Music are based at The Howard Venue - Contact Danny on 07730396831 or dannydrums@outlook.com Private or group music and drum lessons available.					

Please note, all classes are subject to change.